



GREEN GODDESS DIP

YIELDS 6 CUPS

Ingredients

- 2 cups Greek yogurt
- 2 cups mayo
- ¼ cup lemon juice
- 2 tbsp chopped garlic
- 1 bunch parsley, stems and all, rough chopped
- 1 bunch cilantro, stems and all, rough chopped
- 1 cup basil leaves, loosely packed
- ½ cup dill, loosely packed
- 1 cup green onion, chopped
- 2 cups arugula, loosely packed
- ¼ cups capers, drained
- 1 tbsp salt
- 2 tsp black pepper

Directions

1. Combine all the ingredients except the yogurt in a food processor or blender.
2. Pulse and blend until herbs are finely chopped.
3. Scrape mixture into a bowl, then add yogurt and stir to combine.
4. Serve with fresh veggie dippers or as a dressing on sturdy greens like romaine!